## Course Title: Personal Protective Equipment

## Course Duration: 2.0 Hours

Course Description: We will be going over the OSHA rules, requirements, training, documentation, recordkeeping and differences of PPE. We will also cover the need of PPE in different situations and the different types of PPE in those situations. I will show examples of incidents and injuries of people not using PPE properly and what could happen.

## Course Outline:

| Introduction | 5 minutes |
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| Workplace Hazard Assessment- <br> Different PPE for different <br> environments | 10 minutes |
| Head Protection- <br> Cover the different types of head <br> protection and their ratings | 15 minutes |
| Face/Eye protection- <br> Cover the different types of face <br> protection and their ratings for different <br> situations | 15 minutes |
| Hearing Protection- <br> Cover the different types of face <br> protection and their ratings | 20 minutes |
| Respiratory Protection- <br> Cover the different types of respiratory <br> protection, different filters and their <br> ratings for certain environments | 20 minutes |
| Hand Protection- <br> Covering the different types of hand <br> protection \& guards | 20 minutes |
| Leg \& Foot Protection- <br> Covering the different types of leg \& foot <br> protection \& the need of different PPE for <br> different jobs | 20 minutes |
| Knowledge exercise/Testing | 10 minutes |
| Question/Answer session; Wrap-up | 5 minutes |

Time Schedule: Suggested 2.0-2.25 hours
Training Methodology \& Evaluation: This course in an in-person class. The students will gain first-hand experience in defining what using PPE properly to protect themselves from harm in their daily occupations. They will know all types of PPE and the responsibilities they \& their employers have.

Instructor Bio/Credentials: The course will be given by the City Safety Manager/Regulatory Specialist, Brian Warren. Brian is currently the Lead Chair of the City of Pendleton Safety Committee and has ran Safety Meetings and Safety Committees in the public and private sector for over 20 years.

